Greetings Loma Verde Family,

This is your School Counselor, Mr. Arias. The 2019-2020 school year has come to an end! This year presented challenges and learning opportunities that will leave a lasting mark on our community as a whole. I sincerely hope you are doing well and have found some time to take care of your wellbeing in this difficult time. Remember that we are the models for our children’s sense of safety and stability, and they will follow our example.

I would like to give a very special shout-out to our promoting 6th grade class! Our drive-through ceremony truly warmed my heart and I was happy to see students and families in person after all this time. Kudos to the teachers and staff involved in making this event one for the books. I will miss you, 6th graders! I wish you the best on your new journey!

For this final newsletter, I provided videos on explaining COVID-19 to kids and a workbook to use during summer. Please note that these resources are provided on the hyperlink under their image below. In addition, please tune-in to the Sesame Street special on Coming Together: Standing Up to Racism this Saturday morning at 7:00am. You can view the recording on the website if you are unable to see the live stream. Have a happy and safe summer, Loma Verde community!

Best regards,
Diego Arias, M.S., PPS
diego.arias@cvesd.org

Quote of the Week: “Darkness cannot drive out darkness: only light can do that. Hate cannot drive out hate: only love can do that.” – Martin Luther King Jr.

Community Resources
- Family Resource Centers: Hours 9:00am-3:00pm (please call over the phone)
  Open Door at Palomar High School – (619) 407-4840
  Beacon at Vista Square Elementary – (619) 422-9208

"We Wear Masks" is an animated social story that helps that explain some of the issues we are facing right now including wearing a mask, school closure, and social distancing.
https://www.youtube.com/watch?v=lnP-uMn6q_U

https://thewellnesssociety.org/free-coronavirus-anxiety-workbook/

Download for Free