

Positive COVID-19 Test Guidance

If your child gets a positive test at home or in the community:

1. Fill out the Positive COVID-19 Test report at <https://forms.office.com/r/uzEF13QrRE>.
2. If you have any testing issues or concerns, please send them to CovTest3@cvesd.org.
3. Make sure you are clear on home isolation release guidance below. For isolation and quarantine guidance (ie for additional family members who test negative) see the info listed below. If you are unclear, email CovTest4@cvesd.org with a question about your specific situation. Please include the student's symptom onset date along with the question.

Positive COVID-19 Case Isolation Release Guidance:

COVID-19 positive students or staff may return to work or school before day 11, if you have:

- **Stayed home for at least 5 days from the start of symptoms (or positive test collection date if no symptoms).**
- No symptoms present (or improving) **AND a rapid antigen test (not PCR) collected on day 5** (example: symptoms started Monday, Day 5 is Saturday) **or later is negative AND test provided to school.**

****Home tests distributed by CVESD and uploaded may be used to release students from isolation through 1/27/22 per CDPH and County of San Diego.****

- Returning staff or students must be able to wear a well-fitting mask indoors and outdoors. (Preschool and students unable to mask consistently cannot follow this guidance and cannot return to campus until day 11).

IMPORTANT: TESTS TO RELEASE EARLY FROM *ISOLATION* (POSITIVE CASE) **MUST** BE ANTIGEN.

Quarantine Guidance for Household Members:

****QUARANTINE FOR STUDENTS/STAFF EXPOSED TO POSITIVE CASES DOES NOT BEGIN UNTIL THE END OF THE EXPOSURE TO THE POSITIVE CASE WHILE THEY ARE COMMUNICABLE. PEOPLE ARE GENERALLY CONSIDERED TO BE COMMUNICABLE FOR 10 DAYS.** NEGATIVE TESTS CANNOT BE USED TO AVOID QUARANTINE****

- **FULLY VACCINATED STUDENTS DO NOT NEED TO QUARANTINE.**
- **ADULTS WHO HAVE RECEIVED THE BOOSTER (OR ARE FULLY VACCINATED BUT NOT YET ELIGIBLE TO RECEIVE THE BOOSTER) DO NOT NEED TO QUARANTINE.**

If your child is having any of the following symptoms:

Fever or chills,
Cough
Shortness of breath or difficulty breathing
Fatigue
Muscle or body aches
Headache
New loss of taste or smell
Sore throat
Congestion or runny nose
Nausea or vomiting
Diarrhea

and test NEGATIVE on the home test, they will need to come to one of the CVESD testing sites (or your own provider/clinic/county site) for a PCR test.